

TREATMENT CONTRACT

At my first appointment with Dr. Mitchell I will read this entire treatment contract out loud to him and ask him any questions I may have about this treatment contract.

1. Dr. Mitchell is only treating me for my opioid dependency and he will only prescribe Suboxone or Subutex to me. It is my responsibility to have other doctors for all of my other medical issues and medications.
2. Dr. Mitchell can only write prescriptions during his regular scheduled work hours, and he does not take night calls, do hospital admissions, or provide any kind of urgent or emergency care.
3. If I do not follow Dr. Mitchell's instructions on how to take the medication he prescribes to me, I may have a severe withdrawal that has been known to kill people.
4. For my own safety, I will tell Dr. Mitchell about **ALL** the medications that other healthcare providers prescribe to me at the time they are prescribed to me, even if I do not fill these other prescriptions.
5. For my own safety, I will tell **ALL** my other healthcare providers about the medication Dr. Mitchell prescribes to me.
6. I will keep my Suboxone or Subutex in a secure place, out of the reach of children, as ingestion by a child may cause **FATAL** respiratory depression. If I know of a child exposed to Suboxone or Subutex, I will seek medical attention for them immediately.
7. I will not sell, share, or give my Suboxone or Subutex to anyone else. Deaths have been reported in people insufficiently tolerant to opioids who took as little as 2 mg of Suboxone or Subutex.
8. I will keep my Suboxone or Subutex in a safe place where it cannot be lost or stolen.
9. If I relapse, I will contact Dr. Mitchell **BEFORE** restarting my Suboxone or Subutex.
10. Suboxone and Subutex can cause withdrawal symptoms if suddenly discontinued, so I will never stop or change my recommended dose without first consulting Dr. Mitchell.
11. If I have any sedation, grogginess, unusual tiredness or any mental or physical impairment, I will not drive or engage in other hazardous activities, I will contact Dr. Mitchell, and then I will go to an ER or Urgent Care.
12. I will tell a family member or close friend that if I have a medical emergency they are to tell the treating healthcare provider or ER staff that I take Suboxone or Subutex.