

FAQS

1. **The active ingredient in Suboxone and Subutex is buprenorphine.** Buprenorphine is an opioid class chemical with mild pain relieving qualities but strong opioid receptor binding capacity. This makes your body think a strong pain reliever is on board when it isn't, thereby preventing cravings and withdrawals.
2. **Suboxone has an additional ingredient - naloxone.** Naloxone prevents euphoria if it is snorted, injected or smoked. When used as directed (sublingual) there is little euphoric potential from Suboxone or Subutex.
3. **Will Suboxone or Subutex cure me?** No, Suboxone and Subutex are not a cure. They are only an **OASIS** where you will not have withdrawals cravings, so that you can start to rebuild your life.
4. **Am I trading one addiction for another?** No. Whether you use Suboxone or Subutex, or not, you still have an addiction. The only question is how are you going to deal with the triggers that lead to your drug use. Suboxone and Subutex did not cause your addiction, buy they offer you a way to prevent relapse.
5. **How long will I need to use Suboxone or Subutex?** The sooner you find more effective ways to eliminate the things that trigger your addiction, the sooner you will no longer need Suboxone or Subutex.
6. **What if I relapse?** Learning to stay clean is like learning to ride a bike - most people fall down a few times. If you do relapse, then you can restart Suboxone or Subutex before you fall down too far or for too long.
7. **How do I restart Suboxone or Subutex if I relapse?** You must take the same precautions as you did when you took your very first dose. Always call Dr. Mitchell first for further advise **BEFORE** restarting Suboxone or Subutex. He can provide you with a form to accurately assess your withdrawal symptoms.
8. **What if I have questions?** Call Dr. Mitchell at 786-262-5750. He returns calls 7 days per week between 10am and 4pm. If does not answer, leave your name and number and he will call you back shortly.
9. **What if I have an emergency?** Dr. Mitchell does not take night calls, do hospital admissions, or provide any kind of urgent or emergency care. For medical emergencies, dial 911 or go to the nearest ER or Urgent Care Center. For over-the-phone crisis counseling, dial 211 or 988 (The National Suicide and Crisis Lifeline).
10. **How often should I see Dr. Mitchell?** After your first appointment, you can come back anytime during Dr. Mitchell's normal hours without making an appointment. It is best to come back before you run out of medication. His hours are on his website: **trafn.com**