

CONSTIPATION

Suboxone and Subutex are both opioid class chemicals and, therefore, they can cause constipation. You can relieve this constipation using these over-the-counter laxatives or their generic equivalents:

Senokot

Dulcolax

Miralax

Follow the directions on the boxes, and only use one of them at a time. If the one you are using stops working after a while, then switch to one of the other two.

If your constipation is not better, or it worsens at any time, go to a primary or urgent care center for further evaluation and treatment.